

SEXUAL AND GENDER BASED VIOLENCE RESPONSE

EMPOWERING SURVIVORS

- Thank them for telling you and trusting you with their experience
- Believe their experiences and validate their emotions
- Active listening without judgement
- Follow their lead
- Ask how you can support them
- Continued support and check ins

USE THE FLOW CHART WHEN PRESENTED WITH THE FOLLOWING

SEXUAL ASSAULT: Unwanted touching, kissing, oral or penetrative sexual acts

SEXUAL HARASSMENT: Any non-consensual conduct, comment, gesture, or contact of a sexual nature. This includes comments on one's body.

STEALTHING: Removing a condom during a sexual act without the knowledge or consent of your partner.

DOMESTIC VIOLENCE AND INTIMATE PARTNER VIOLENCE: Physical, sexual, emotional, psychological, economic, or technological abuse or threats of abuse against one's partner and/or children.

TRANSPHOBIA AND HOMOPHOBIA: The irrational hatred and fear of 2SLGBTQIA+ people. Homophobia includes prejudice, discrimination, harassment, and acts of violence brought on by fear and hatred.

STALKING: A pattern of repeated and unwanted attention, harassment, contact, or any other course of conduct directed at a specific person that would cause a reasonable person to feel fear.

SEXTORTION AND DISTRIBUTION OF PHOTOS: When an online predator tricks someone into giving them nude images or videos and then demands money, more images, or makes other demands. Sharing intimate photos of others without their knowledge or consent.

INDECENT EXPOSURE: Intentional exposure of one's body to others without their consent.

DENIAL OF REPRODUCTIVE RIGHTS: Denying someone the ability to access reproductive care such as birth control, emergency contraceptives, or an abortion OR forcing someone to take emergency contraceptives or to have an abortion.

HUMAN TRAFFICKING: Specifically sex trafficking, the act of illegally transporting people from one country, province, or city to another for the purpose of sexual exploitation.

STARREZ ONLINE 24/7 DISCLOSING

The StarRez disclosure form is accessible 24/7 to the Mount Allison Community. It provides an anonymous disclosure option and a direct connection to the Sexualized Violence Response Consultant.

Access StarRez:



SEXUALIZED VIOLENCE RESPONSE CONSULTANT:

Disclosures, safety planning, supportive resources, accommodations, and navigating the University and criminal justice processes.

Located in the Wellness Centre, bottom floor of the Student Center.

Scan to book:



RESOURCES FOR IMMEDIATE SUPPORT:

SUPPORT LINES

Sexual Violence NB 24/7 Support Line (506)454-0437

The Jade Centre (formerly known as Southeast Sexual Assault Centre)
24/7 Support Line 1-844-853-0811

The Courage Centre 506-533-9100

Trans Lifeline 1-877-330-6366

MEDICAL SUPPORT

Sexual Assault Nurse Examiner Program (SANE)

Located at The Sackville Memorial Hospital, The Moncton Hospital and The Cumberland Regional Health Care Centre Emergency Departments. Present to the Emergency Department and ask for a SANE during triage. Medicare card needed. Three options: medical care, STI/STBBI/ pregnancy testing, and forensic kit. None of this needs to be reported to RCMP.

FAMILY PLANNING CLINICS

The Moncton Hospital 1-844-806-9205

Dr. Georges-L. Dumont University Hospital Centre 506-869-2770

MENTAL HEALTH SUPPORT

BreeLove Counselling 506-248-0639

Student Wellness Program 1-833-549-3281

Therapy for Black Girls (Therapyforblackgirls.com)

Kid's Help Phone 1-800-668-6868/ text RISE 686868 (youth) or 741741 (adults)

National Queer & Trans Therapists of Color Network (nqttcn.com)

NB Mental Health and Addictions 1-866-355-5550

Suicide Crisis Line call 9-8-8

NB Resources (mental health, housing, food access, abuse, etc.) call 2-1-1

The Jade Centre jadecentre.ca