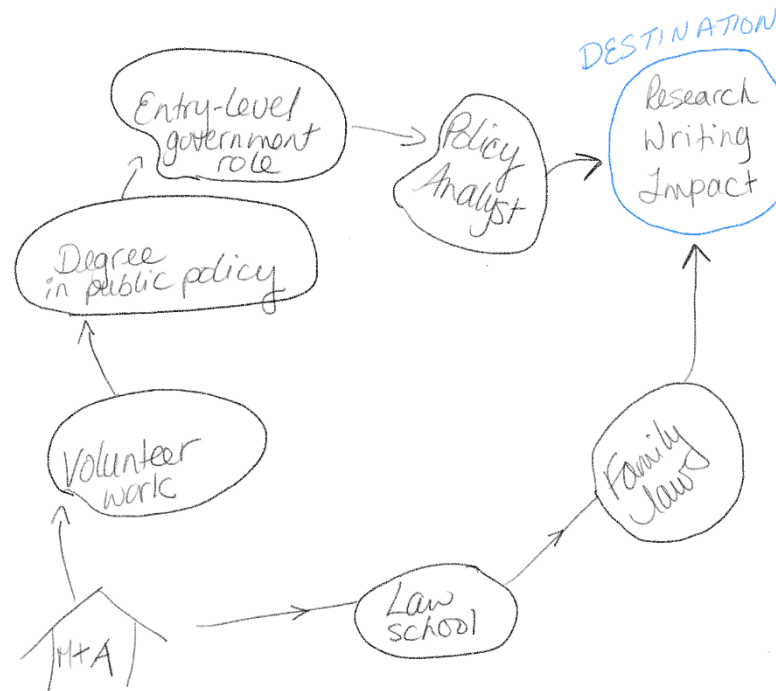


Multiple Life Paths

Being flexible is very important for designing your life. In the example of Sophy you viewed in the videos, you saw that many paths exist if you keep an open mind and think creatively.

Sophy was able to find unique ways to follow her values and find a satisfying life. Now it's your turn to design your life.

For this exercise, use a piece of paper to draw out **three distinct life paths that would lead you to a fulfilled life**. For example, here's how Sophy might draw two of her possible life paths:



Think Inc.

Each of the paths leading to your idea life should start from where you are now and reach your end goal. Differentiate the three paths from one another by thinking of creative solutions to the obstacles that come up in each one.

Remember: Don't get frustrated; get curious!

All paths can lead to your ideal life. Once you are done mapping out your life paths, pick one to try, and then let the adventure begin!